

# In-Service Transition Guide for Transgender Service Members



If you have questions regarding DoD or DAF policies and procedures for in-service transition, the Service Central Coordination Cell (SCCC) can be contacted at: [DAF.Service\\_Central.Coordination\\_Cell@us.af.mil](mailto:DAF.Service_Central.Coordination_Cell@us.af.mil)

For more information visit the [Transgender Policy page on AF Portal](#)

## Step 1



### Disclose your Transgender Identity to your PCM or Mental Health Provider

Active duty members and USAFA cadets must receive a gender dysphoria diagnosis from a military medical provider. For Reserve, guard members, and contracted AFROTC cadets, the Transgender Health Medical Evaluation Unit (THMEU) must validate the civilian diagnoses and treatment plans.

## Step 2



### Develop a Medical Treatment Plan (MTP)

The THMEU at Joint Base San Antonio, Texas, provide and validate all gender dysphoria MTPs. You may need a medical TDY to the THMEU, consider discussing your medical needs with your commander.

## Step 3



### Meet with your Commander

Discuss the timing of your transition treatment plan. Other discussion topics include: if or when your gender transition gets disclosed to your co-workers, professional expectations, pronoun usage, and Exceptions to Policies (ETP) for dress and appearance, fitness, and facilities. Commanders need awareness of treatment timing to balance your needs and unit readiness requirements.

## Step 4



### Receive Treatment

Active duty members and USAFA cadets receive care from military medical providers. Part-time reserve, guard, and AFROTC members receive care through civilian providers, records are provided to military and THMEU providers for review and validation.

## Step 5



### Transition Complete

Your transition is complete when your gender marker is changed in DEERS. Care and treatment may still be received after the gender marker is changed in DEERS. Once DEERS is updated, you must meet all applicable military standards in your new gender marker in DEERS.